



US Army Corps
of Engineers

Louis District

Information Bulletin

Vol. 22

No. 3

March 1985



DISTRICT DOINGS

Lake Shelbyville

Cria Shafer presented a program on the Corps, its history and role in navigation on the Mississippi River to students at Sacred Heart School in Pana.

Al Lookofsky took a group of Shelbyville Cub Scouts on a tour of the dam. The Scouts learned how the dam operates as well as the Corps' role in flood control, recreation and fish and wildlife management.

Rend Lake

Park Ranger Lowell Summers gave a multi-media presentation on Rend Lake's handicapped deer hunt at Lake Shelbyville's annual coordination meeting with the Illinois Department of Conservation.

Park Technician Dawn Kovarik represented Rend Lake at the St. Louis All-Sports Show on February 12th and 13th.

Wappapello Lake

Smoky the Bear (Doug Nichols) brought his enduring message of fire prevention to local Tiger Cubs.

Plans are being finalized for this year's old Greenville Blackpowder Rendezvous to be held on 13 and 14 April. All Corps employees interested in entering the blackpowder shoot competition or any of the associated events are encouraged to contact the Wappapello Lake Management office for details.

Carlyle Lake

During February, Dianna Harris, Park Aid, conducted a very full schedule of interpretive programs for lake area schools. Dianna presented 14 programs to ten different secondary and elementary schools, enlightening over 1,000 students with such educational topics as Mammals and Endangered Wildlife.

Jim Hill, Park Technician, traveled to Hillsboro, Ill., High School where he spoke to fifty students about Illinois' endangered natural heritage, the Prairie. The title of Jim's talk was "Where the Buffalo Roamed."

Mark Twain Lake

Park Technician Cynthia Dierks presented the popular "Friend for All Seasons" multi-media program to a Shelbyville, MO., club, and Park Ranger Steve Austin made the initial showing of a new slide program "Mark Twain Lake..Be In It", to the B.L.P. Club of Palmyra, MO.

Park Technician Chuck Crocker staffed the District's display booth at the St. Louis Boat Show on 13 and 14 February.

L&D 26 Replacement

Jimmy Bissell gave a slide presentation at the Hoffman House to 75 members of the Greater St. Louis Assn. of Retired Military Officers.

**PUBLISHED UNDER PROVISIONS
OF AR 360-81**

DISTRICT DOINGS (Continued)

Len Ross and Ed Berghoff gave a tour and slide presentation to 56 teachers from the Wood River-Hartford School District.

Around the District

Colonel Gary Beech went to Washington, D.C., accompanied by Jack Niemi and Bill Sutton, to brief the Director of Civil Works and the Office of Management and Budget about the possibility of hydropower and a 2nd lock at L&D26(R).

Colonel Beech spoke about L&D26(R) construction at the Annual Transportation and Highway Engineering Conference in Urbana, IL.

On February 27th Colonel Beech conducted a public meeting in Poplar Bluff, MO about Wappapello Lake water release policy.

Foreign visitors were the order of the day during February. Two visitors from India, escorted by Clyde Wilkes, visited L&D26(R).

Twelve members of a Latin American Poultry Team were given a tour and briefing at Locks 27 by Lockmaster Floyd Wade.

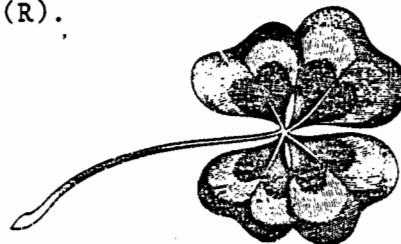
Five visitors from the People's Republic of China spent several days in the St. Louis District. Escorted by Clyde Wilkes, they visited various port and coal loading facilities, the Service Base, the District Office, where Wilkes and Jack Niemi gave them an overview briefing, Locks and Dam 26, and L&D26(R). Tom Durham told them how we operate during times of heavy ice, and Jim Bissell and crew gave them a tour of the new facility. Charlie Denzel talked about designing a structure for ice, and Nancy Hsieh helped the interpreter in explaining engineering terms.

Ken Koller spoke to a Freshman class in Civil Engineering at Washington University about Lock & Dam 26 (R).

LTC Gerald Thiessen, Jack Rasmussen, Jim Talian (ED-H) and Clyde Wilkes presented a series of workshops at

the 1985 convention of the Missouri Young Farmers Association. Twelve to fifteen young farmers attended each of the sessions--total of 40-45.

Bill Kirk spoke to the McDonnell Douglas Sailing group on the recreation aspects of L&D26(R).



HERE AND THERE

Rend Lake

The 1984-1985 commercial fishing season ended on February 7th with more than twice the usual number of fish being harvested. Almost 400,000 lbs. of fish, mainly buffalo, were removed during the eight week season.

The annual coordination meeting between the Corps and the Ill. Department of Conservation was held on February 5th. Representatives from the Fisheries, Forestry, Land Management and Wildlife sections of the state agency were present. A variety of management concerns and problems were addressed.

Carlyle Lake

The Carlyle Lake commercial fishing program began 18 February. As of Feb. 25th, eight commercial fishing crews had been out on the lake. Since the program began in 1974 more than 6 million pounds of 'rough' fish have been harvested.

The main purpose of the commercial fishing program is to utilize commercial food fishes and to maintain their populations at a level that precludes undue competition between the rough fish and the more highly desired sport fish.

Some species of rough fish are Buffalo, Carp, Drum, Carpsuckers, Bowfin and Gar.

HERE AND THERE (Continued)

Mark Twain Lake

The prolonged cold temperatures created a dangerous ice problem at the lake during January and February. The public was informed that hydropower reservoirs, such as Mark Twain, are very dangerous when covered with ice. The active public information program helped to prevent any accidents from occurring during this period.

Rhonda and Dennis Smith are proud parents of a baby girl, Jolene Noel, born 25 Dec 84. Rhonda is on leave from her Clerk-Typist position.

Former Park Technician Clark Dietzschold has been promoted to Park Ranger at his new position at Oahe Lake, South Dakota. His dedicated services at MTL will be missed.

INCENTIVE AWARDS

PROMOTIONS:

Elsie Kalafatich, RE-P
Realty Specialist, GS-1170-11

Kathleen Souders, SD-P
Purchasing Agent, GS-1105-7

EXCEPTIONAL RATINGS:

Walter Fredley, RO-L
William Levins, RE

TANGIBLE SUGGESTIONS:

Georgiann Davis of the Illinois Resident Office, Construction Division, was granted an award for an adopted suggestion that recommended a handout be prepared and distributed at prework conferences which would address the major repetitive errors found in receiving payrolls from contractors.

SPECIAL ACT/SERVICE AWARDS:

Donald Coleman, Engineering Division, received a Special Act Award for his accomplishments in coordinating the St. Louis District's Cooperative Stream Gaging Program with the United States Geological Survey (Missouri & Illinois Divisions) through a difficult period of transition. He is cited also for his success in coordinating diverse opinions among the National Weather Service, the United States Geological Survey, and the various elements within the St. Louis District, Corps of Engineers, in the preparation of the GDM on the "Lower Meramec River Flood Damage Reduction Project."

Claudia Tonsor, Secretary in the Natural Resource-Management Branch, Operations Division, was presented with a Special Act Award for her superior capabilities and initiative in the performance of her duties while assisting Lake Shelbyville with their Master Plan and the Wappapello Lake Road Plan.

SOMETHING NEW

The Suggestion Program is a viable and active program within the SLD. The Incentive Awards Secretary (IAS) appreciates employee participation and interest in the suggestion campaigns and the program as a whole. The IAS would like to announce a new gift for an adopted suggestion with no monetary benefits. The gift, a lucite digital clock and calendar, along with a certificate, will be given to employees who have adopted suggestions after 1 March 1985. If you wish to see the gift, contact Oleva Robinson (IAS) in Room 55 (Extension 5832).

Deadline for submission of articles for the April Information Bulletin is 28 March.



S.A.M.E. MEMBERSHIP DRIVE UNDERWAY

The Society of American Military Engineers (SAME) is conducting a membership drive which will end on March 31, 1985. SAME is an organization that provides a means by which engineers from all fields of civilian engineering practice and industry can meet and become better acquainted with their fellow engineers within the Armed Forces. The Society's goal is to increase the engineering potential of the United States for the security and strength of our Nation.

The St. Louis Post here in the Gateway City is one of the most active in the country. Monthly noon-time meetings are held with interesting speakers following a delicious meal. Occasional technical tours of interest and dinner meetings highlight the year and provide for further fellowship.

Whatever engineering discipline you are engaged in, you will find that SAME will provide you with a means by which you can broaden your professional and social associations. A professional engineering journal, The Military Engineer, is published and sent to all members which includes authoritative articles relating to a wide variety of engineering subjects, new developments in research and industry, and public works construction.

With the increased emphasis being given to military-oriented design and construction, SAME can provide you with a good insight into how the Corps will face the challenges of the future.

You are cordially invited to join the Society of American Military Engineers by contacting either Ken Corbin (3-5505) or Larry Strunk (3-5591). Please feel free to attend one of our monthly Post meetings. Ken or Larry can give you full details.



SAME's

TALENT ROUNDUP

Yes, SAME's Roundup is in full swing!

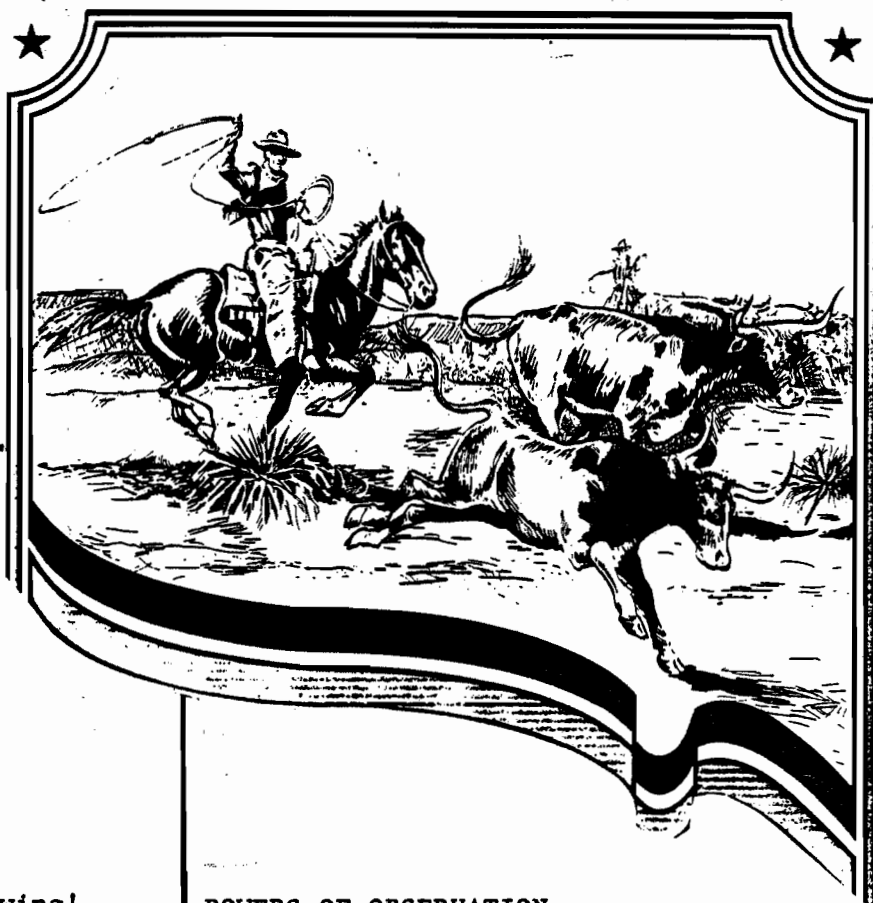
- * **PURPOSE:** Round up non-member colleagues
- * **TIMING:** 1 January - March 1985
- * **PRIZES:**

TOP COWBOY	\$2,000
Three Runner Up	
Cowboys	\$1,000
	\$ 500
	\$ 300

17 Cowhand Awards
(1 per region x 17) = \$100 (each)
- * **DETAILS:** Contact your Post President, watch THE MILITARY ENGINEER and the SAME Newsletter.

Partners, get out your Membership
Applications and

ROUND 'EM UP!



POWERS OF OBSERVATION

In last month's Information Bulletin, we ran an impromptu test of our reader's powers of observation. We did not plan it that way; we inadvertently ran a piece of 'clip-art' with the wrong date for Lincoln's birthday.

Abraham Lincoln was born on February 12, not February 4 (as shown on page one, last month).

Interestingly enough, only 4 people commented to PA on the error. We sincerely hope more than 4 people read last month's bulletin.

PREVENT BROKEN HEARTS



USE YOUR SEAT BELT

QUALITY OF WORKLIFE PROGRAM:

Family Fitness Handbook

Department of Army Pamphlet 350-21 is being distributed to all District employees. It has a wealth of information on a number of fitness related subjects including designing your fitness program, sports, nutrition and weight control and stress.

Smoking

Tobacco is a substance that is greatly abused and is considered a great health danger. Aside from the cancer-related risks, smoking can cause eye, nose, and throat irritation. It also increases the chance of a heart attack.

Most people fail to realize that nicotine, which is found in cigarettes, is a deadly poison. When less than a drop is injected into the bloodstream, it is fatal. When taken in as cigarette smoke, it increases the heart rate and blood pressure by its effect on the nervous system and adrenal glands. Nicotine also dulls the appetite.

Tar, like nicotine, is another harmful by-product of tobacco. Tar is the residue formed when gasses and particles of tobacco smoke condense. Medical research has shown that tar applied to the skin of mice causes both cancerous and noncancerous tumors. Therefore, tar could be the principal cause of smoking-related cancers. Chemical properties in tobacco have been found to affect the body in the following ways:

- * They can cause sudden heart attack deaths in which the heart rhythm goes wildly out of control, causing the heart to vibrate rather than contract.

- * They stimulate the nervous and glandular systems, causing a release of fatty acids which eventually cause atherosclerosis.

- * They constrict the capillaries and arteries, lowering body temperature when body temperatures are lowered, circulatory deficiencies, gangrene, blood clotting, and the need for amputation may appear.

- * They speed up the rate of internal blood clotting, make clots harder, and increase the likelihood of heart attacks, strokes, and pulmonary embolisms.

Studies have indicated that there is direct relationship between children's respiratory illnesses and parental smoking.

All family members must be aware of the dangers associated with smoking. And they must learn how to break the smoking habit. If you decide to do so, you need to be aware of the many changes your body will undergo.

How long will it be until your system gets back to normal? It will take about 10 years for your system to become normal again, assuming that you do not smoke during that period.

Smoking Cessation

"After all my efforts, if I find I can't quit smoking how can I reduce the hazards?" Do not smoke the entire cigarette. Try to take fewer puffs on each cigarette. Try not to inhale the smoke. Cut back on the number of cigarettes you smoke per day, per week, per month, and per year.

The smoking habit can be broken through a simple plan of action. First cut down on the amount of smoking. By cutting down at a moderate pace, you eventually can quit and through strong self-discipline, not start again. Second, get rid of such reminders as matches, lighters, ashtrays, and cigarette box. Avoid places where you put your cigarette packs.

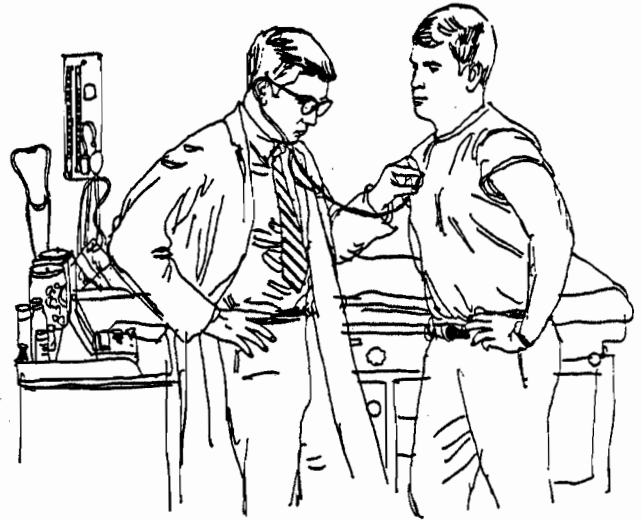
Quality of Worklife (Continued)

A good way to break the smoking habit is simply to change the routine. Don't smoke after meals or while reading, talking on the phone, drinking coffee, playing cards, or relaxing. One helpful technique is to avoid places where the desire to smoke is extremely strong or places where you usually smoke, such as bars or parties.

Drink plenty of water or juices; exercise; tell a close friend and ask for encouragement each day of the next week; try to avoid very stressful situations; take longer to eat your meals; keep substitutes like carrots, pickles, sunflower seeds, apples, celery, sugarless gum, and peaches handy; or light a candle or some incense.

Finally, you may want to look for a group that can help you stop smoking. This group will assist you by using various techniques and providing moral support and positive reinforcement.

*Thank You!
for Not Smoking*



Would you like to find out more about how to stop smoking?

If you would be willing to come to a Library Lecture Series and hear YMCA Personnel describe their "Freedom From Smoking" program, check the box below, sign, cut off and return to John Brady, PO-M.

TO: LMSPO-M (John Brady)

Yes, I would come and listen to a YWCA speaker describe their "Freedom From Smoking" program.

Signature and Organization

GREAT FOUNDATIONS BRANCH COOK OFF

Professional chili cooks have nothing on the dedicated employees in the Foundations Branch. Five widely experienced cooks competed for prizes at a recent informal lunch--it beat going out to Hodges Chili Parlor at -10° chill factor.

First place went to that Illinois gastronome Mel Baldus with "M & M" chili. Some tasters said the initials stood for "Mild and Meaty" others Mixed-up and Mangled. Next came the West County submittal of Joe Kissane--"Times Beach Special"--guaranteed 90% dioxin-free. Leaping along in third place was that contribution from Linda Wichlan--"Bucking Good Chili". It contained deer meat she wanted to get rid of. It went fast.

Following were "Italian Soccer" brand with pasta made by that good German Mike Klosterman, and a Tex-Mex special, initially called "Two-Alarm", but quickly renamed "Five Alarm", made by that south-of-the-border Irishman "Patrick" Conroy.

In the interest of fair play, personnel from EEO monitored the proceedings and ate a good share of the food by sampling each delicacy.

The contest was judged a success by management as there were no signs of intestinal distress nor lost time accidents to report. It was agreed to make this an annual January event.

RETIREE NEWS

Dear Information Bulletin:

I understand you want to hear from the retirees to let everyone know what they have been doing since retiring.

So far my retirement has been filled with going to the bank, going shopping, shoveling snow, bringing in the mail, and last but not least--sleeping late!

Please thank everyone for the nice -- very nice-- send off.

Walter Alabama Snow

In retirement since 1 Feb 85.

Thanks, Walt, for the best laugh since your departure.

"ILLEGITIMATE" CHILDREN ELIGIBLE FOR CIVIL SERVICE SURVIVOR ANNUITY BENEFITS

"Illegitimate" (out of wedlock) children of deceased Civil Service employees are now eligible for survivor annuity benefits on the same basis as other surviving children, as the result of a federal court decision in the District of Columbia. Hundreds of children are affected by the Court's 1978 ruling, and many of them are eligible for benefits, the amount of which will vary according to the provisions of the retirement law. Contact PO-S (Ext. 5538) if you have questions.

FEDERAL JOB INFORMATION

In November 1984, the Federal Job Information Center, Office of Personnel Management switched its telephone lines to a 24 hour, 7 days a week automatic recording system. Because of operational difficulties with the recording equipment, the Center is returning to the previous system of providing federal job information to the public.

Effective immediately, anyone wishing to hear a recording of federal jobs that are open to the receipt of applica-

tions in the St. Louis Area Office should call (314) 425-4380 anytime day or night. The system will accommodate three callers at one time. To receive an application and other related forms for one or more of the recorded jobs, the applicant should then call or visit the Federal Job Information Center, telephone (314) 425-4285; 815 Olive Street, Room 400, Old Post Office Building, St. Louis, MO, between 8:00 a.m. and 11:00 a.m., Monday through Friday.



Federal Executive Board

OF GREATER ST. LOUIS, MISSOURI

Staff Office, Room 2025
1520 Market Street, St. Louis, Missouri 63103-2682
(314) 425-6312

Feb 6, 1985

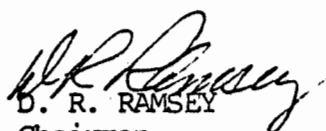
MEMORANDUM FOR ALL FEDERAL AGENCY HEADS

SUBJECT: School Partnership Program

1. The Hamilton Elementary School located at 5819 Westminster Place is a community school and therefore is open in the evenings for activities for youth and adults.
2. A computer lab has been set up at Hamilton with IBM PC's and PC jr's. The school administration wants to extend the use of the lab to parent/student use during the evening under the supervision of skilled instructors.
3. In order to keep the lab open during the evening hours skilled volunteers are needed for two programs:
 - a. To monitor a "hands on" program for students which will enhance their regular classroom activities.
 - b. Conduct workshops designed to introduce the parent to the students curriculum and to encourage the parent and student to experiment with the computer together.
4. The program for the students will be held Monday through Thursday from 3:00 to 6:00 p.m. The parent/student workshops will be held Monday through Thursday from 6:00 to 9:00 p.m.
5. Volunteers need not have teaching experience to assist with either of these programs. Anyone experienced in the use of personal computers, who would like to make a positive contribution to a child's future, call

Ms. Martha Cole, Supervisor of Community Schools, 436-0431.

Sincerely,


D. R. RAMSEY
Chairman

Created to increase the economy and effectiveness of Federal Programs.

SPOTLIGHT

ON
THE
LIBRARY

SPOTLIGHT ON THE LIBRARY

College Catalogs

To augment the college catalogs maintained by our Training Officer Bill Richardson, we now have available all the catalogs for schools in Missouri and Illinois. Even though they are voluminous in nature they do not require much space because we have purchased them in microfiche. They are ready for your viewing now and, if necessary, we can make paper copies of selected pages.

New Dialog Databases

Dialog, the world's largest online database vendor, added twenty-nine new databases in 1984 increasing the total count to well over 200 and the number of records to over 100,000,000. The complete new 1984 list follows. For a more complete description of any, or a demonstration, stop by the library.

ACADEMIC AMERICAN ENCYCLOPEDIA
(File 180)

AP NEWS (Files 258, 259)

BUSINESS SOFTWARE DATABASE (File 256)

CANADIAN BUSINESS AND CURRENT AFFAIRS
(File 262)

CENDATA (File 580 and Menu File)

DISCLOSURE SPECTRUM OWNERSHIP
(File 540)

DONNELLEY DEMOGRAPHICS (File 575)

DRUG INFORMATION FULLTEXT (File 229)

FEDERAL RESEARCH IN PROGRESS
Unabridged (File 266)

ICC BRITISH COMPANY DIRECTORY (File 561)

ICC BRITISH COMPANY FINANCIAL DATASHEF
(File 562)

INTERNATIONAL LISTING SERVICE
(File 209)

INVESTEXT (File 545)

MAGAZINE ASAP (File 647)

MARQUIS WHO'S WHO (File 234)

MOODY'S CORPORATE NEWS INTERNATIONAL
(File 557)

MOODY'S CORPORATE NEWS - U.S.
(File 556)

MOODY'S CORPORATE PROFILES
(File 555)

NURSING & ALLIED HEALTH (CINAHL)
(File 218)

OAG ELECTRONIC EDITION (gateway file)

PsycALERT (File 140)

PTS DEFENSE MARKETS & TECHNOLOGY
(File 80)

STANDARD & POOR'S CORPORATE
DESCRIPTIONS (File 133)

TRINET COMPANY DATABASE (File 532)

TRINET ESTABLISHMENT DATABASE
(File 531)

TRADE & INDUSTRY ASAP (File 648)

WASHINGTON POST INDEX (File 184)

WILEY CATALOG/ONLINE (File 471)

WORLD PATENTS INDEX (Files 350, 351)

The St. Louis District Federal Women's Program presented an observation of National Women's History week on 14 March 1985, at 1000 hours, in Room 1341. Ms. Susan M. Hartman, Ph.D., was the guest speaker.

SPOTLIGHT ON THE LIBRARY (Continued)

Computer Corner

To meet the increasing needs of computer users we are expanding our computer corner to include not only periodicals and catalogs but also books. We are beginning to acquire many useful and helpful books on hardware maintenance, software usage and programming languages. The following is a list of all the computer magazines to which we currently subscribe:

Byte
Compute!
Data Decisions
Creative Computer

Data Based Advisor
Datamation
Government Computer News
Information and Records Management
InfoWorld
PC
PC World
Personal Computing
PC Week
Microcomputer Software Letters
Software Digest Ratings Newsletter
Datapro Automated Office Solutions
Data Sources - Hardware & Software



NATIONAL WOMEN'S HISTORY WEEK

National Women's History Week is observed from 3-9 March 1985.

Observing this week each year provides an opportunity to focus attention on the significant role that women have played throughout our history in every sphere of this nation's life.

American Women in History

Susan B. Anthony (1820-1906) was a leader in the movement for women's suffrage. Young Susan grew up on a farm and became a teacher. Over the years she became concerned about the plight of women. As a consequence, she sought signatures for a petition to the New York legislature seeking reforms. She believed that women should be able to control their own earnings, that women should have rights to guardianship of their own children in case of divorce, and that women should have the right to vote--all of which were then denied them by law and practice. Susan B. Anthony was a late-comer to the movement for suffrage, but she was destined to become a potent

force, and, in 1851, she joined the ranks for women's rights.

Sarah Breedlove Walker (1867-1919), more familiarly known as Madam C. J. Walker, was one of America's first women millionaires. Madam C. J. Walker worked for 18 years as a washerwoman. In 1905 she invented the "Walker Method" for treating hair and a line of cosmetics which became so popular that the Madam C. J. Walker Manufacturing Company was established, eventually employing 3,000 workers. In 12 years the manufacturing of her hair preparations became the largest Black business in the nation.

Yeffee Kimball, artist of American Indian and pioneer ancestry, is widely known for her work in art and education. Her paintings have been displayed in more than 75 solo exhibitions, and she has lent her professional assistance to innumerable public and educational projects.

Chien-Shieing Wu, nuclear physicist. Not only is Dr. Wu a professor of physics at Columbia University, she has also served as president of the American Physical Society. She is especially well known for her discovery of nonconservation of parity in beta decay.

Shirley Chism became the first black woman to be elected to the United States House of Representatives. She was the only woman and the only black to serve on House Rules Committee, and was Secretary of the House Democrat Caucus. Ms. Chism was the first black woman to campaign for president on a major political party ticket.

A CHOICE OF TRAINING GUARANTEED

High school seniors may have the opportunity to enlist in the Army before graduation, reserve their choice of skill training and take up to 12 months to report for duty.

This "Reserve Now Report Later" plan is the Delayed Entry Program. It allows students to plan ahead and select a skill they really want. It can even mean a reserved place in one of the skill training areas most in demand--high-tech skills such as aviation, electronics and computers, which are so important in today's Army and in business and industry. Students will get a written guarantee of the training and maybe even the first duty station of his or her choice.

Good things, like Army skill training, are worth waiting for, and the Delayed Entry Program makes it worth the wait.

RETIREMENT FOR EMPLOYEES WITH MILITARY SERVICE

Employees who had military service after 1956, and who wish to make a deposit to the retirement system to cover such periods of service must make the payment while still employed. OPM cannot accept deposits from employees who have already separated. If you have questions, contact PO-S (Ext. 5538).

NOTICE NOTICE NOTICE

TAKE ADVANTAGE OF THE SCREENING TESTS YOUR HEALTH UNIT CAN GIVE YOU

- | | |
|-------------------|---|
| 1. Hearing | (Audiogram) |
| 2. Eye | (Visual Acuity Test) |
| 3. Glaucoma | (Tonometer) |
| 4. Diabetes | (Hyperglycemia) |
| 5. PAP | (To check for Cancer, Trichomonas Vaginalis & Yeast Infections) |
| 6. Blood Pressure | (Hypertension) |
| 7. Hemocult | (Used routinely to check the intestinal tract) |

Fringe benefits you should take advantage of --

Call your Health Unit -- 425-4117

Inflation is when your nest egg is no longer anything to crow about.

Supermarket shoppers should exercise shelf control.

SERVING UP SOBRIETY

Some bar and restaurant owners are taking steps to see that patrons don't drive home drunk. At two Chicago-area restaurants, designated drivers, those who agree to remain sober and drive others home, can order as many soft drinks as they like for free. The restaurants are also offering more and heavier hors d'oeuvres during happy hours so customers won't be drinking on empty stomachs. The free snacks may also keep customers from ordering as many drinks, since they'll be taking time to eat.

The Health Education Foundation in Washington, D.C., is offering a two-day seminar to waiters and bartenders to teach them how to recognize when a drinker is reaching his limit and how to lower his intake without making him angry.

In some communities, happy hours have been targeted in the war on drunk driving. Three towns in Massachusetts have prohibited bars from selling "two-for-one" drinks. New Jersey has passed a statewide prohibition on two-for-one deals and other states are considering them.

SHORT CUTS

Never transfer medicines from their original containers; doing so can cause confusion that could lead to someone being poisoned.

If you have toddlers, put them in playpens or in a highchair when you cook so they don't end up underfoot and trip you.

LINES TO LIVE BY

FAILURE: There is always another chance
this thing we call "failure" is
falling down but staying down.

AGE: Hardening of the heart ages people
more quickly than hardening of the
arteries.

CONTENTMENT: The grand essentials
of life are something to do, something
to love, and something to hope for.

YMCA MEMBERSHIP DRIVE - REDUCED RATES!

From 12 March to 9 April 1985, the
downtown YMCA will have a membership
drive. This offer is available to
new members only. A 10% to 15%* discount
will be available in addition to the
20% discount that Corps of Engineers
employees now receive. An open house
will be held at the YMCA on 25 March
1985, where discount coupons for Y
activities will be available. Refresh-
ments will be served. Contact John
Brady, PO-M (Ext. 5832) or Willette
Doczy, Downtown YMCA (436-4100) for
a free guest pass and further
information.

*Depending on method of payment.



ACCIDENT SUMMARY

VEHICLE ACCIDENTS FOR FEB 85: One

Total Vehicle accidents, FY 85: One

Total Vehicle accidents, FY 84: Two

A Government driver lost control of
a carryall and ran off the road on
his way to Carlyle Lake.

PERSONAL INJURIES - CONTRACTOR

EMPLOYEES - February 85: One

Total accidents for FY 85: Four

Total accidents for FY 84: Nine

A contract employee was injured when
a connecting weld on a crane leg broke
while a cable rack was being hoisted.

PERSONAL INJURIES - GOVERNMENT

EMPLOYEES - February 1985: None

Total accidents for FY 85: Two

Total Accidents for FY 84: Fourteen

LAKE FATALITIES FOR FEB 85: None

Total lake fatalities for FY 85: None

Total lake fatalities for FY 84: Eight

Carlyle Lake - 3

Lake Shelbyville - 3

Rend Lake - 1

Wappapello Lake - 1